



**BREAKFAST FOR LUNCH IS HELD  
EVERY MONDAY**

NO RESERVATIONS REQUIRED  
SERVING 10:30AM TO 12:30PM - BRING A  
FRIEND!

**April Dates**

- 1st. Social Club, 1PM
- 2nd. Executive Board Meeting, 9:30AM
- 3rd. Center Closed
- 7th. Lourdes Hospital Volunteer Opportunities, 12
- 8th. Legal Aid 9AM
- 8th. Blood Pressure 10AM
- 9th. Cake and Punch from HUMANA 12:15PM
- 13th. Scarlet Bonnets 1:00PM
- 14th. Cooking Demo. Eat Well 12:15PM
- 16th. Prescription Drop Off 11:30AM
- 16th. Stepping On! Booster Class 12:30PM
- 16th. Philly Cheese Steak Day 11:30AM
- 20th. Ham & Cheese Omelets
- 23rd/24th. AARP Driving 9-12PM
- 23rd. Volunteer Dinner

**NEW PROGRAM!**

**Free Swim**

**&**

**Water Aerobics Class**

**At West Middle School Pool**

**For First Ward Members Only!**

Thursdays

**Water Aerobics Class - 4-4:30PM**

**Open Swim- 4:30 to 6:00PM**



**Computer Learning Sessions**

**Tuesdays 12-2 First Come, First Serve  
Computers, Laptops, Phones, Tablets  
Bridging the Digital Divide Program!**

**\*\*\*TRAVEL CORNER\*\*\***

TRIPS CALL 222-8440

|                           |                                  |
|---------------------------|----------------------------------|
| CAPE MAY. June 1-5        | WAITING LIST                     |
| CAPE MAY. May 4-8         | Please Call 222-8440             |
| MOHEGAN. June 22          | \$25 Slot Play & \$5 Food Coupon |
| Lancaster. July 19th-20th | American Music Theatre           |
|                           | Jimmy Sturr & Bobby Vinton       |

PLEASE CALL 222-8440

IF YOU WANT A COPY OF THE 2015 TRIP SCHEDULE



**APRIL 20th- HAM & CHEESE OMELETS**  
**SPECIAL BREAKFAST FOR LUNCH!!**

**Special Thanks**



In April we honor those who volunteer here at the center. Without them we would not have a center. This year we had more than 4,500 hours of recorded volunteer work. Thank you so much for all that you do to make the First Ward Senior Center a better place.

**WHAT DO YOU WANT TO SEE AT  
THE CENTER?**

Bring any ideas for activities, speakers, musicians, programs or more to Patrick at the office or drop them in the suggestion box.